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Obituaries

Jack Akers

Jack Akers, 61, of Melvin, died January 11 at his home.
 Born February 14, 1949, in Floyd County, he was the son of the late Ransom and Edith Tucker Akers. He was a disabled security guard for coal mines.
 In addition to his parents, he was preceded in death by one son: Justin Lee Akers; one brother: John Henry Akers; and one sister: Patricia Little.
 He is survived by one son: Jack Allen (Erica) Akers, of Melvin; one brother: Andy Wayne Akers, of Wheelwright; and one granddaughter: Brooklyn Nicole Akers.
 Funeral services will be held January 15 at 1 p.m. at Wheelwright Freewill Baptist Church with Louis Ferrari and Vernon Johnson will be officiating.
 Burial will follow at Henry Tackett Family Cemetery at Melvin.

Opal Irene Boggs

Opal Irene Boggs, 75, of Dunsmore Ave., died January 9, 2011, at her home.
 She was born November 30, 1935, in Martin County, the daughter of James Estill and Beulah (Daniel) DeLong and had been a longtime area resident.
 A former employee of the Ashtabula Rubber Company and Molded Fiberglass, she married Hassel Boggs on November 25, 1952.
 Opal enjoyed arranging flowers and making crafts and was affiliated with the West Avenue Church of Christ. Her favorite place to be was home.
 Her survivors include two sons: Joseph (Patricia) Boggs, of Ashtabula, and David Boggs, of Saybrook; one daughter, Vicki Fuller, of Ashtabula; five grandchildren: Joey Boggs, Tricia Boggs, Erica Pal, Ryan Fuller, and Aaron Fuller. Four great-grandchildren: Austin, Adam, Aislyn, and Trinity, her best friends; Gertrude Boone and Lou Hall, and her beloved dog: Cassie.
 She was preceded in death by her husband, one son: Timothy Boggs, three sisters: Aileen Campbell, Rena Vanderpool, and Deloris May DeLong, one brother: Lee Francis DeLong, and her parents.
 Funeral services were held on Jan. 11, 2011, at the Zaback-Ducro Funeral Home. Burial was at the Saybrook Cemetery.
 Contributions may be made to the family.

Ora Lorene Sanford Bussey

Ora Lorene Sanford Bussey, 99, widow of Otis H. Bussey and beloved mother of Wonnell Godsey (Garland), of Prestonsburg, and William T. "Bill" Bussey (Nancy) of Clermont, Fla., died Thursday, January 6, 2011, at Prestonsburg Health Care Center. She was born May 13, 1911, in Cullman, Ala., the daughter of the late William and Lillie Hanes Sanford. She was preceded in death by her husband, Otis Howard Bussey, on July 25, 1975.
 She was a homemaker and the oldest member of the First Baptist Church, in Prestonsburg, as well as a lifetime member of the Prestonsburg Women's Club. She was very active in the Floyd County Homemakers Club and took painting lessons from Tom Whitaker at Prestonsburg Community College and was Past Worthy Matron of the Adah Chapter of the Eastern Star.
 Other survivors include: six grandchildren, six great-grandchildren, nine great-great-grandchildren.
 Funeral services were

held Jan. 9, 2011, at the First Baptist Church, in Prestonsburg, with Rev. Jerry Workman officiating. Burial was in Richmond Cemetery, in Prestonsburg. Serving as pallbearers were Jonathan Leslie, Blake Leslie Billy Bussey, Jim Bussey, Gary Hyche, Worth Baker, Bradley Baker, Darrell Leslie and Jake Rabenstein. Memorial contributions are suggested to the First Baptist Church, 157 S. Front St., Prestonsburg, Ky. 41653.

Mildred Childers

Mildred Childers, 91, of West Van Lear, died on January 12, 2011, in Paintsville.
 Born August 20, 1919, in Abilene, Kansas, she was the daughter of the late Tedd and Hannah Adams Brown and the wife of the late Lindsey Childers. She was a homemaker and member of the Mealy Church of Christ. Survivors include sons and daughters: Richard (Almeta) Childers, of West Van Lear, Robert Earl (Lisa) Childers, of Columbus, Ohio, Linda Kay Spradlin, of Pikeville, Diane Louise Castle, of Bremerton, Wash., grandchildren: April Michael, Joey, Kellie, Lyndsey, and great-grandchildren: Gunner, and Kaydence.
 She was preceded in death by her husband, parents, brothers and sister: Donald Brown, Francis Dean Brown, and Helen Epler.
 Funeral services are scheduled for Saturday, Jan. 15, 2011, at 2 p.m. at the Mealy Church of Christ with Nelson Kidder, Wayne Short, Jerry Hall and Brett McKenzie officiating. Visitation will be at church on Friday from 9 a.m. until 9 p.m. Burial will follow at the Short Family Cemetery, in Mealy.

Donald D. Harkins

Donald D. Harkins, 76, widower of Greta Harkins, of Island Drive, Nicholasville, died Jan. 10, 2011. He was a devoted husband, loving father, and was enormously proud of his grandchildren.
 He was a semi-retired attorney, member of the Kentucky Bar Association, the Jaycees, Keeneland Club and Thoroughbred Club, served as a director of The Bank Josephine in Prestonsburg, was a graduate of Centre College and the University of Kentucky School of Law.
 Survivors include two sons, Donald D. Harkins Jr. and his wife Linda J. Harkins of Overland Park, Kan., and William Scott Harkins and his wife Susan Harkins of Nicholasville; grandchildren: Jason, Nathan, Ben, William Scott Jr. and Hillary Clay Harkins.
 He was preceded in death by three brothers, Monte, George and William Harkins.
 Services will be 10:30 a.m., Friday, at Nicholasville Presbyterian Church, with Rev. Pamela Rucker officiating. Burial will follow in Lexington Cemetery.
 Bearers will be Nathan, Ben, Will and Hillary Harkins, John Rankin and Brian Bell.
 Honorary bearers will be Robert Lewis, David Enlow, Max Hoover, Frank Fitzpatrick, Darrell Callahan, Dr. Samuel Reid, Irvine Fox, Pete Lafalce, Randy Hayes, Frank Deltzer, Curt McCall, Jim Host, Robert Aayot, David and Chris Rankin, Dr. Chris Jackson and Roy Gray.
 Donations are suggested to the Nicholasville Presbyterian Church or the Hope Center.
 Online guestbook at www.BettsandWestfuneralhome.com.

Laura Margaret Gray Howell

Laura Margaret Gray Howell, 74, of Wayland, died January 11 at Cornerstone Hospital in Huntington, West Virginia.
 Born March 9, 1936, in Wayland, she was the daughter of the late Richard and Mae Stephens Gray. She was a homemaker.
 In addition her parents, she was preceded in death by her husband, the late Willie "Red" Howell, and one son, Gerald Howell.
 She is survived by three sons: William Curtis Howell and Johnny Dwayne Howell, both of Wayland, and Gregory (Carolyn) Howell of Raven; three daughters: Janice Marie (Reggie) Tuttle, of Dema, Brenda Lee Howell and Brittany Nicole Howell, both of Wayland; two brothers: Richard F. Gray, of Texas, and Timothy Wayne Gray, of Kite; five sisters: Janice Johnson, of Florida, Jeanette Mosley, of Shelby, Ohio, Elizabeth Caudill, of Vico, Juanita Lafferty, of Prestonsburg, and Loretta Tennant, of Steel Water, Minnesota; 9 grandchildren and 12 great-grandchildren.
 Funeral services will be held on January 15 at 1 p.m. at Martin Freewill Baptist Church in Estill with Red Morris officiating.
 Burial will follow at the Howell Family Cemetery in Estill.



William Elbert Miller

William Elbert Miller was born September 26, 1922, and departed this life on January 11, 2011. He leaves behind Doris Hall Miller, his wife of 64 years, two sons, William David Miller (LaDonna), Mark E. Miller (Connie), five grandchildren: David Todd Miller, Kate Miller Shults, Tim Miller, Mark Joseph Miller, Jody M. Shepherd, five great-grandchildren, one brother: Lloyd Miller (Bernice). He was preceded in death by a sister: Belvis "Betty" Fraley (Lloyd). He was the co-founder of Miller and Sons Oil and Gas Company and retired General Superintendent of Penn Virginia Resources Corp. He was a Sergeant I 266th Army Air Force BN, Nov. 8th, 1940-Oct. 24, 1945. He received the Asiatic-Pacific Theater Ribbon with one Bronze Star, American Theater Ribbon, Philippine

Liberation Ribbon, American Defense Ribbon and Good Conduct Medal. He was a member of the First Presbyterian Church of Prestonsburg and was a member of the Honorable Order of the Kentucky Colonels. In lieu of flowers, the family requests donations be made to the First Presbyterian Church of Prestonsburg, 1430 N. Lake Dr., Prestonsburg, Ky. 41653. Funeral services will be 1 p.m. Saturday, Jan. 15, 2011, at Carter Funeral Home with Morgan Chapman officiating. Burial will be in Richmond Memorial Cemetery. Visitation will be from 3-9 p.m. Friday. The family has entrusted arrangements to the Carter Funeral Home.

James Prophet Moore

James Prophet Moore, 56, died January 9 at his home in Wellington, Ohio.
 Born January 18, 1954, in McDowell, he was the son of Mable Bridgeman Moore, of McDowell, and the late Ed Ray Moore. He was a foundry worker, a veteran of the United States Army and a member of the Masonic Lodge #127, Ohio.
 He is survived by his wife, Louise Sword Moore. Other survivors include: sons and daughters James (Jewel) Moore, Homer Wright, Dean (Keisha) Wright, Effie Renee Wright, all of Wellington,

Ohio. Brothers and sisters Basil (Diane) Moore, Ricky Moore, Ted (Angie) Moore, Billy (Sue) Moore, Muriel Moore, John Moore, Julia (Mark) Frasure, Sandra Moore, all of McDowell. Teresa Hall, of Wayland, 11 grandchildren: Matthew, Alexis, Alex, Andrew, Austin, Clay, Mason, Bailey, Braden, Jessica and Jarrod. Funeral services will be held today, January 14, at 1 p.m. at Little Rosa Old Regular Baptist Church at McDowell with Jimmy Hall and Deapor Moore officiating.
 Burial will follow at Lucy Hall Cemetery at McDowell.

William Newsome Jr.

William Newsome Jr., 64, of Ashtabula, Ohio, died Tuesday, Jan. 11, 2011, at the Ashtabula County Medical Center.
 He was born May 9, 1946, in McDowell, the son of William and Mary (Tackett) Newsome Sr. and had been an Ashtabula resident for 49 years.
 Mr. Newsome worked 20 years as a painter for Painters Union, Cleveland Local #1103 and then for the past 20 years had owned and operated A-1 Quality Painting.
 An avid coon hunter and fan of George Jones, he loved nothing more than being with his family. A very giving, generous person, he

cared deeply for those closest to him. He loved to play cards, especially Texas hold'em, and take his chances at the Ohio Lottery. His survivors include his wife, Brenda (Czarzasty) Newsome, whom he married March 20, 1970; five children, Jeanine Newsome, William Newsome III, Rebecca (Kevin Melaragno) Metcalf, and Tina (John) Woissol, all of Ashtabula, and Belinda (Mark) Kohut of Youngstown, Ohio; 19 grandchildren: Jimmy, Joline, Jessica, Jennifer, Ryan, Joni, Julianne, Jamie, Will, Rebecca, Darren, Wyatt, Kayla, Mark, Brandon, Ashley, Abbie, Hailey, and Joanne; numerous great-grandchildren; three sisters, Maxine Weems of Kingsville, Ohio, Marie Baker of Elyria, Ohio, and Draxie Myers of Hampton, Va.; and many nieces and nephews.
 He was preceded in death by five brothers, Ralph, Earl, Edward, Estill and Chester Newsome; five sisters, Hazel, Mazel, Bessie, Sylvia and Mildred; and his parents.
 A service will be held at the Lily of the Valley Old Regular Baptist Church, 600 Kiwanis Park Drive, Geneva, Ohio, at 10 a.m. on Friday, Jan. 14, 2011. Scott Vamill will officiate.
 Burial will be in Greenlawn Memory Gardens, North Kingsville, Ohio.

For the Record

Marriage Licenses

Amber Faye Crice, 21, of Prestonsburg, to Johnnie Douglas Holbrook, 30, of David.
 Mickey Reynolds, 53, of Dwayne, to James Francis Recktenwald, 48, of Dwayne.
 Rhonda Slone, 37, of Martin, to Gary Hicks, 46, of Martin.
 Brittany N. Robinson, 23, of Prestonsburg, to Alex L. Wagers, 24, of Prestonsburg.
 Jessica Blake Watson, 17, of Dama, to Willie Joe Ousley, 18, of Harold.

Civil Suits Filed

Beatrice Tackett vs. Venetia Cooper; complaint.
 Community Trust Bank vs. Katie Jo Gray; complaint.
 Community Trust Bank vs. Jodi K. Lanning; complaint.
 Tax Ease Lien Investments I LLC vs. Stacey Wolfe; complaint.
 Tax Ease Lien Investments I LLC vs. Ernie Lee Collins; complaint.
 Tax Ease Lien Investments I LLC vs. Tonia Michelle Cox; complaint.
 Tax Ease Lien Investments I LLC vs. Lana Chaffins; complaint.

Charges Filed

Dwayne Earl Bishop, 51, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.

Timothy Marsillett, 42, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Michael Nolan Slone, 25, Wayland; inciting a riot, first-degree complicity to commit criminal mischief.
 Jesse Keathley, 24, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Jonathan Endicott, age not listed, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Jarred Harvey, 30, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Jeremy Bryant, 22, Wheelwright; inciting a riot, first-degree complicity to commit criminal mischief.
 James William Miller, 24, of Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Jimmy Dewayne

Branham, 32, Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Phillip Morgan Joseph, 34, of Prestonsburg; inciting a riot, first-degree complicity to commit criminal mischief.
 Jonathan C. Crider, 34, Auxier; inciting a riot, first-degree complicity to commit criminal mischief.
 Benjamin Ruben Davis, 27, address not listed; inciting a riot, first-degree complicity to commit criminal mischief.
 Estill Newsome Jr., 33, McDowell; complicity to commit theft by unlawful taking.
 Edward Clay, 25, Prestonsburg; criminal trespassing.
 Virgil R. Hale, 51, Pierceton, Ind.; public intoxication, use or possession of drug paraphernalia, possession of a controlled substance.

Inspections

McDowell Elementary, (See RECORD, page 6)

Card of Thanks



Mrs. Mildred Mullins and the children, grandchildren, and great grandchildren of the late Herman Mullins of Hi Hat, KY, who passed away on November 24, 2010, would like to express their heartfelt love and thanks to anyone who came by to share our loss, said a kind word, sent flowers, food, cards, and prayers, or made a donation to the Little Nancy Church in memory of our precious love one. We would like to thank as well the ladies and members of the Old Regular Baptist Church, Nelson-Frazier Funeral Home, the Left Beaver Rescue Squad, and the Floyd County Sheriff's Department for their kindness and support. The Mullins family also extends a special "Thank You" to preacher Chuckie Hall for his love and support for our Daddy and family in our days of sadness. God Bless you! You will always be a special part of our family. Again, thank you to everyone and may God Bless you all.

-Mrs. Mildred Mullins and Family of Herman Mullins

The Family of

Rebecca Ann Brown,

THANK YOU

would like to thank Nelson-Frazier Funeral home for their service and kindness. And those who sent flowers, and for being there, at our time of sorrow. Thanks to our family friend Hershel Owens, and the Sheriffs Department. Special thanks to Glenn Slone and all singers.

The Johnson Family

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Viewpoint

Amendment 1

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; abridging the freedom of speech, or of the press; or the right of the people to peaceably assemble, and to petition the government for a redress of grievances.

Guest View Moving Kentucky forward with sustainable revenue

by STEVE BOYCE

Many Kentuckians share a frustration with the lack of legislative will to pass real tax reform which has resulted in a decade of annual revenue shortfalls, cuts in essential programs, one-time stop gap measures and a failure to make investments that will move Kentucky forward.

As a member of the Kentucky Forward Coalition, I have grown impatient with yet another state tax reform study, especially since it's not clear that the study will be transparent or guided by Kentuckians' values.

The Kentucky Forward Coalition proposes that any revision of our tax structure — whether coming from the commission that Sen. Williams has called for, or any another — begins by establishing a set of principles that benefit all Kentuckians and move us forward. The Kentucky Forward Coalition serves or represents a sizeable portion of the people in our Commonwealth, and these are the principles that we lift up as necessary to create a better Kentucky.

■ Revenue solutions should sustain a good quality of life in Kentucky through essential investments in good schools, health care, public safety and other necessary public structures and services.

■ Our taxes should be balanced, reasonable and fair, with fiscal responsibilities shared equitably among all citizens and businesses by minimizing taxes on low-income people and bringing more balance to our tax code.

■ Our tax structure should be sustainable, with reliably constant sources of revenue that grow along with the economy.

If we use these principles to guide reforms to our tax structure, we will all be in a better position to live up to our potential. Kentuckians are smart, resourceful, helpful and creative. We'd all realize our own potential more often by adequately funding the necessary elements of strong communities. This includes good schools with smaller classes, access to quality health care, police and fire departments that have the resources to protect and serve and water that we know is safe to drink.

A lot of ideas get put under the banner of tax reform. Not all of those ideas adhere to principles that reflect our values. Some would allow us to share in our responsibilities equitably and fairly, while others would knock our tax system further out of balance by shifting responsibility away from wealthy individuals and major corporations and onto working families. Some make it easier to pay for the public investments we need to grow and improve the quality of our lives, while others intend to shrink those necessities and turn Kentucky into a place of greater inequality.

Shifting to a tax system based on sales, instead of income, would turn our already out-of-balance tax system completely upside down. It would shift more responsibility to people who are less able to pay — those whose wages and income have stagnated over the years. We know this from the studies that have already been done, most recently by the Institute of Taxation and Economic Policy. This shift would not benefit our economy, and would be harmful to our families. That's not what Kentuckians deserve.

A sustainable tax structure means a broad base of taxes. That's because different taxes respond differently to economic changes; and a broad-based tax system helps maintain and grow the revenues needed. Eliminating individual and corporate income taxes radically narrows our tax base and impacts revenue sustainability over time. That, unfortunately, is the goal of some. This will not help us create the commonwealth that we deserve.

Kentuckians want reform. But reform is not just making something different, but making something better. Better for Kentucky means generating revenue to help create the kind of society Kentuckians deserve and want by modern-

(See REVENUE, page 6)

WAZIRISTAN COLLATERAL DAMAGE CEMETERY



Beyond the Beltway Perfect: The enemy of the happy

by DONALD KAUL
OTHERWORDS

It's easy to find someone to wish you a Happy New Year. Strangers do it. Even people who don't like you do it. It's far more rare is to find someone who will tell you how to achieve it.

I am that rare someone. I intend, before this column ends, to present you with the secret of happiness. Call it a New Year's gift.

But first let me tell you about happiness's evil twin, unhappiness. Unhappiness is New York City after an 18-inch snowfall.

It happened over the holidays and the Big Apple came to a dead stop. Planes stopped flying, buses stopped busing. And as for cars — fuhgeddaboutit.

New Yorkers took this with the calm equanimity usually reserved for large fires in crowded theaters. They screamed, they wailed, they moaned. They blamed their mayor, a billionaire philosopher-statesman named Michael Bloomberg, founder of the eponymous financial news and data empire.

He didn't give them enough warning, New Yorkers charged. The warning he gave them was weak. He was slow to declare a "snow emergency." He didn't get side streets cleared for

days. The Mayor, after some defensiveness, took the fall and apologized to his constituents. He promised to do better in the future.

But let's face it folks, you can declare all the snow emergencies you want. Eighteen inches of snow is still 18 inches of snow. And in a densely packed city like New York, it's going to create a big mess.

This is particularly true when you've recently let go of some 400 sanitation workers (the snow removal people) to cut your budget.

But New York's anger at Bloomberg's performance is as nothing compared to the wrath incurred by President Barack Obama in his two short years in office.

Republicans have excoriated him for extending health care insurance to the poor, failing to create more jobs and over-regulating banks and industry, trying to stimulate the economy, and daring to take up the agenda of the gay rights movement.

Democrats, on the other hand, have blamed him for coddling banks and industry, not extending health care even further, failing to end the wars he inherited, and trying to compromise with Republicans who wish him dead.

It's as though the whole country had an 18-inch snowfall, all at once.

Yet, at the end of his two-year apprenticeship, he can point to a remarkable list of achievements, given the hard road he had to travel.

His policies pulled the economy out of its freefall. The banks and corporations he bailed out with government money have repaid much, if not

most, of it. He got a health care bill passed, giving at least 32 million people a chance at coverage they'd never had. He extended jobless benefits for millions of the long-term unemployed in time for the holiday season. He got an arms reduction treaty with the Russians passed by the Senate. He cleared the way for the end to the "don't ask, don't tell" policy in our military. He got a financial reform package passed that will do some good in preventing another financial meltdown. He moved toward withdrawal of our combat troops in Iraq.

That's not chopped liver. OK, he also extended the Bush tax cuts for the rich, a lousy move forced upon him by a Senate Republicans. And he had to agree to keep throwing money (uselessly, I think) at our mythical missile defense system.

That's politics. That's compromise. It's our system of government. Wouldn't be terrible if we had a great president and we didn't notice?

And so at last we come to the secret of happiness:

Lower your standards. I don't mean to imply you should accept shoddy work or failure, but less than perfection? Oh yes, that you should accept.

Because that's the way life is. Not perfect.

They say that perfect is the enemy of good and I think that's right. It is also the enemy of happy.

OtherWords columnist Donald Kaul lives in Ann Arbor, Michigan. www.otherwords.org.

The Usual Eccentric

Confessions of an adolescent whipping boy

by WILL. E. SANDERS

A whopping 65 percent of Americans approve of spanking children, a trend that has not staggered since 1990. Except in 1997, when one angry parent beat up the media statistician in charge of conducting pointless household surveys. Unfortunately, during my childhood, my parents made up the majority.

My girlfriend, Christine, believes in spanking children, but only when they're really young. In other words, when the child doesn't know any better and grows curious as to why they're suddenly the recipient of random household violence. I don't know if I agree with that. I say spank children when their tiny brains develop enough to begin repressing awful childhood memories.

Little known fact about me, I remember every childhood spanking I ever received. And let me tell you, back in the mid- to late-80s when I was a young tike, corporal punishment was well into its heyday at the Sanders household. Back then, my

older brother, Dustin, was too old to spank and my younger brother, Carson, wasn't born yet, so it was physically impossible to spank him.

My father always seemed like he was licking his chops at the first opportunity for a spanking — smelling childhood mischief in the air the way sharks smell blood in the water. But my father was not an enthusiast for spanking implements such as paddles, belts or freshly-cut switches, the latter being the preferred method of spanking amongst the elderly generations.

My father didn't need those things because the circumference of his benevolent palm rivaled that of a stop sign. Not to mention, my father took physics and aerodynamics into account. And like an NFL place kicker, he would lick his finger, stick it in the air and determine the direction of any window drafts. Then he would tilt his impending swats accordingly.

On the other hand, mom-spankings were cake. I loved mom-spankings — they were like going to school and learning you had a substitute teacher that day. Yeah, you were through the motions, but you didn't care.

That is until the day I stole a G.I. Joe from a department store when I was in second grade. Up until that

point, I only dabbled in simple mischief, but on that fateful day in 1986, I decided to break one of the Ten Commandments in the toy aisle of a Kmart.

Like most overabundant packaging around toys, I knew I couldn't shoplift the action figure in my pants unless I ripped open the box, rescued the tiny soldier from his plastic prison and shoved him in my shorts. So obviously, that's what I did. And I would have gotten away with it, too, if it weren't for those meddling kids. (Sorry, all of this childhood reminiscing has got me thinking about Scooby-Do.)

On the way back from the store, my eagerness to play with the figurine consumed me, and I pulled it out of my pocket to admire the spoils of crime. My mother must've spotted me in the rearview mirror and quickly deduced the scenario after a brief front seat inquiry.

The next thing I know, my mother slid to a stop along state route 571 like she was pulling into pit row. She walked around the front of our lime green station wagon to the other side of the back seat. She then crawled in and came at me in horror-movie fashion. To this day, what still amazes me is my mother was only three minutes

(See ECCENTRIC, page 6)

The Times

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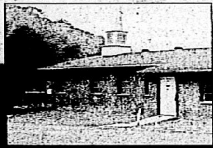
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Floyd County Devotional Page

This devotional and directory is made possible by these businesses who encourage all of us to attend worship services.

Devotional Spotlight



Spurlock Bible Church
Jim Stephens
Pastor

Sunday School 10:00 a.m.
Sunday Worship 11:00 a.m.
Wednesday 7:00 p.m.

Attention Church Organizations, send in a picture of your church, pastor, or youth leaders.

ASSEMBLY OF GOD

First Assembly of God, Martin, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Lorrie Vannucci, Minister.

In Victory Assembly of God, West Prestonsburg, Sunday School, 10:00; Worship Service, 11:00 & 6:30; Wednesday Evening, 6:30; Gary Stanley, Pastor.

New Bethel Assembly of God, Burning Fork Rd., Salyersville, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m. Arthur (Sam) Smith, Minister.

Praise Assembly, 1 mile S. of Prestonsburg, intersection of Rt. 80 and U.S. 23, Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 6:00 p.m.; Midweek Thurs., 7:00 p.m.; J.M. Sloce, Minister.

BAPTIST

Allen First Baptist, Allen, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Arnold Turner, Minister.

Auxiliary Freewill Baptist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Thursday, 7 p.m.; Bobby Spencer, Pastor.

Ball Branch Regular Baptist Church, Mousley, Ky, Worship Service, 9:30; Every Third Sat. and Sun. of each month; Roger Hicks, Pastor; Ralph Howard, Asst. Pastor. Contact Kermit Newsome 606-377-6881 for more information.

Benedict Baptist, Slick Rock Branch, Cow Creek, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Gordon Fitch, Minister.

Betsy Layne Free Will Baptist, Betsy Layne, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Tracy Patton, Minister.

Big Sandy Community and Technical College Baptist Student Union, J. 102; Wednesday, 11:30 a.m.; Vera Joiner, 850-3953 ext. 67627.

Bonanza Freewill Baptist, Abbott Creek Road, Bonanza, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jimmy D. Brown, Minister.

Brandy Keg Freewill Baptist, Corn Fork, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Roger Music, Minister.

Calvary Southern Baptist, Betsy Layne, Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Doug Lewis, Minister.

Community Freewill Baptist, Goble Roberts Addition, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Paul D. Coleman, Minister.

Cow Creek Freewill Baptist, Cow Creek, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Nathan Lafferty, Minister.

Daniels Creek Baptist Fellowship Church of God, Banner, Services: Saturday night, 7 p.m.; Sunday morning, 11 a.m.; Sunday night, 7 p.m.; Henry Lewis, Minister.

Drift Freewill Baptist, Drift, Sunday School, 10 a.m.; Worship Service, 6:30 p.m.; Thursday, 6:30 p.m.; Jim Fitches, Minister.

Endicott Freewill Baptist, Buffalo, Sun. School, 10 a.m.;

Church every Sun. Morning 11:00 a.m.; Wednesday Bible Study & Prayer Meeting, 7:00 p.m.; First Sat. evening Service, All Welcome 7 p.m.; Pastor Mark Hunt, 606-478-2698

Faith Bible Baptist, an independent Baptist Church, located on 1428, between Allen & Martin; Sunday School, 10 a.m.; Sunday Morning, 11 a.m.; Sunday Evening, 6 p.m.; Wednesday Bible Study & Prayer, 6 p.m.; Pastor, Rev Bob Wierman.

Faith Freewill Baptist, 1/4 mile above Worldwide Egl., on Rt. 1428; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Elder Donnie Patrick, Minister.

First Baptist, Garrett, Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Randy Osborne, Minister.

First Baptist, Martin, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Sunday Evening Service, 6 p.m.; Wednesday, 7 p.m.; Greydon Howard, Minister.

First Baptist, Prestonsburg, 157 South Front Street; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wed., 6 p.m.; Jerry C. Workman, minister.

Fitzpatrick First Baptist, 1063 Big Branch, P.O. Box 410, Prestonsburg, KY 41653; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truett.

Free United Baptist, West Prestonsburg, Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 7 p.m.

Free United Baptist, West Prestonsburg, Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6:30 p.m.; Wednesday, 6:30 p.m.

Grethel Baptist, State Rt. 3379, (Branchman's Creek Rd.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.

Garrett Regular Baptist, Route 550, Garrett, Worship Service, 10:30 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Larry Patton, pastor, Phone 358-9810.

Highland Avenue Freewill Baptist, Sunday School, 9:50 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; David Garrett, Minister.

Jacks Creek Baptist, Bensenville, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Pastor Roger Truett.

Katy Friend Freewill Baptist, 2 miles up Abbott; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jimmy Caudill, Pastor.

Lackey Freewill Baptist, Lackey, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Johnny J. Collins, Minister.

Lancer Baptist Church, 71 Cooley St., Prestonsburg, Sunday School, 10:00 a.m.; Morning Worship, 11:00 a.m.; Evening Worship, 6:00 p.m.; Wednesday Prayer Meeting and Bible Study, 7:00 p.m.; Pastor Bobby Carpenter.

Left Beaver Regular Baptist Church across from Garth School, 4th Saturday & Sunday 10:00 a.m. Odd Saturday 6:00 p.m.; Gary Compton, Pastor.

Liberty Baptist, Denver, Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Merle Little, Minister.

Ligon Community Freewill Baptist, Ligon, Worship Service, Sunday, 11:00 a.m.; Thursday, 7 p.m.

Little Rosa Regular Baptist Church of Jesus Christ, (Indian Bottom Association) Services: 1st Saturday & Sunday every month 9:30 a.m., 3rd Sunday 9:30 a.m., Odd Sunday 9:30 a.m.

Martin Branch Freewill Baptist, Estill, Sunday Service, 10 a.m.; Worship Service, 11:15 a.m. and 7 p.m.; Wednesday, 7 p.m.; James (Red) Morris, Minister.

Martin Freewill Baptist, Martin, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bob Vandy, Minister.

Maytown First Baptist, Main St., Maytown, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bob Vandy, Minister.

McDowell First Baptist, McDowell, Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6 p.m.; Slade Stinson, Pastor.

Middle Creek Baptist, Blue River, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; William L. Hunt, Minister.

Lighthouse Baptist, 2194 Ky Rt. 1428, Prestonsburg; Sunday Service, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Donald Crisp, Minister. home ph: 255-3395

Pleasant Home Baptist, Water Gap Road, Lancer, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Mark Tackett, Pastor.

Preston Creek Baptist, Banner, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Rock Fork Freewill Baptist, Garrett, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Wendell Crager, Minister.

Rock Fork Regular Baptist, Garrett, Worship Service, 9:30 a.m.; Jerry Manns, Pastor; Willie Crace Jr., Assistant Pastor.

Salt Lick United Baptist, Salt Lick, Huesville; Worship Service, 2nd & 4th Sunday, 10:30 a.m.; Pastor, Allen Chaffins, phone 346-2123.

Sammy Clark Branch Freewill Baptist, Dana; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Stephens Branch Missionary Baptist, Stephens Branch, Sunday Service, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.

The Third Avenue Freewill Baptist, Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Phillip Raney, Pastor.

Tom's Creek Freewill Baptist, U.S. 23 (north of Layne Brothers); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Chuck Ferguson, Minister.

Tom Moore Memorial Freewill Baptist, Cliff Road, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Youth Service, 5:00 p.m.; Evening Service, 6:00 p.m.; No Service the 1st Sunday of each month; Wednesday, 7 p.m.; Jody Spencer, Minister.

Trimble Chapel Freewill Baptist, Intersection of U.S. 23 and KY 80, Water Gap; Sunday School, 10 a.m.; Morning Worship Service, 11 a.m. and Evening Worship Service 6 p.m.; Wednesday Bible Study, 7 p.m.; Youth Services 7 p.m.; Everyone Welcome.

United Community Baptist, Hwy. 7, Huesville; Worship Service, 2 p.m.; Friday, 7 p.m.; Cayto Beverly, Minister.

Wheelwright Freewill Baptist, Wheelwright Junction; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Louis Ferratt, Minister.

CATHOLIC

St. Martha, Water Gap; Mass: Sunday, 11:15 a.m.; Saturday, 5 p.m.; Sunday; Father Robert Damron, pastor.

CHURCH OF CHRIST

Betsy Layne Church of Christ, Betsy Layne; Sunday School, 10 a.m.; Wednesday, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jimmy J. Spears, Minister.

Prestonsburg Church of Christ, 88 Hwy. 1428; Worship Service, 10 a.m. and 6 p.m.; Wednesday, 7 p.m.; Richard Gary Mitchell, Minister.

Harold Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Willie E. Meade, Minister.

Highland Church of Christ, Rt. 23, Hager Hill; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Huesville Church of Christ; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.; Chester Vandy, Minister.

Lower Toler Church of Christ, Harold; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Wednesday, 6:30 p.m.; Lonnie Meade, Minister.

Mare Creek Church of Christ, Stanville; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m.

Martin Church of Christ, Martin; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday, 7 p.m.

Maytown Church of Christ, 66 Turkey Creek Rd., Langley, Sunday Bible Study 10:00 a.m. Sunday morning worship 11:00 a.m., Evening Worship 6:00 p.m., Wednesday Bible Study 6:00 p.m.

Upper Toler Church of Christ, 3.5 miles up Toler Creek on right; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Weeksbury Church of Christ; Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m. John Burke, Minister.

CHURCH OF GOD

Betsy Layne Church of God, Old U.S. 23; Sunday School, 10:30 a.m.; Worship Service, 11 a.m. and 7 p.m.; Wednesday Bible Study 6:00 p.m.

Community Church of God, Arkansas Creek, Martin; Worship Service, 11 a.m.; Friday, 7 p.m.; Bud Crum, Minister.

First Church of God, Sunday School, 10 a.m.; Worship Service, 10:45 a.m. and 6 p.m.; Wednesday, 7 p.m.; Steven V. Williams, Pastor.

Garrett Church of God, Garrett, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Family Training Hour - Thursday 7 p.m.; Kenneth E. Prater, Jr., Minister.

Landmark Church of God, Goble Roberts Addition; Sunday School, 10 a.m.; Worship Service, 11:10 a.m. and 7 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Little Paint First Church of God, 671 Little Paint Road, East Point; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Jeff White, Pastor.

The Ligon Church of God of Prophecy, Saturday Services, 7:00 p.m.; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Ralph

EPISCOPAL

St. James Parish; 562 University Drive, Prestonsburg, KY 41653, (606) 886-6046, Sunday Coffee Hour, 10 a.m. Morning Worship, 11 a.m. Wednesday evening worship, 7 p.m.; Office: Mon.-Fri., 10 a.m.-2 p.m. Reverend Stan McGraw, www.dioxy.net/stjames/ Visit us on Facebook!

LUTHERAN

Our Savior Lutheran, Sipp Bayes Room Cottage House Motel, Paintsville, Sunday School, 11 a.m.; WKLW (600 a.m.) 12:05 p.m.; Roland Berning, Minister.

METHODIST

Auxier United Methodist, Auxier, Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Mead Music, Minister.

Betsy Layne United Methodist, next to B.L. Gymnasium; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Randy Blackburn, Minister.

Allen Christ United Methodist, Allen; Sunday School, 9:45 a.m.; Worship Service, 11 a.m. & 6 p.m.; Wednesday, 7 p.m.; Kenneth E. Prater, Jr., Minister.

Community United Methodist, 147 Burke Avenue (off University Drive and Neesley St.); Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.

Elliot's Chapel Free Methodist, Rt. 979, Beaver; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Philip T. Smith, Minister.

Emma United Methodist, Emma; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Pastor David Proff.

First United Methodist, 256 South Arnold Avenue; Sunday School, 9:45 a.m.; Worship Service, 10:55 a.m.; Youth Service 6 p.m.; Rev Jim Adams, Pastor.

Hick Chapel Methodist, Auxier, Sunday School, Sunday School, 10 a.m.; Sunday Morning Service, 11 a.m.; Midweek Service, 7 p.m.; Sunday Evening Service held on the 1st and 3rd Sundays of each month at 6 p.m.; Judy Carr-Bark, Minister.

Graceway United Methodist, Rt. 80, Sunday School, 9:45 a.m.; Worship Service, 11 a.m.; Wednesday Night, 7 p.m.; Roy Harlow, Minister.

Salisbury United Methodist, Printer; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday Bible Study, 6 p.m.; Bobby G. Lawson, Minister.

Wayland United Methodist, Rt. 7, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 6 p.m.; Jack Howard, Pastor.

Wheelwright United Methodist, Wheelwright; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 7 p.m.; Bobby Isaac, Minister.

Vogel Day United Methodist Church, Harold; Sunday School, 10:00 a.m.; Sunday Worship Service, 11:00 a.m.; Wed. Bible Study, 7:00 p.m.; Dennis C. Love, Pastor.

West Pentecost Church, Sunday School, 10 a.m.; Worship Service, Saturday/Sunday, 7 p.m.; Wednesday, 7 p.m.; Tod Shannon, Minister.

Free Pentecostal Church of God, Rt. 1428, East Point; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6:30 p.m.; Thurs., 6:30 p.m.; Buster Hayton, Minister.

Free Pentecostal Church of God, Weeksbury; Sunday School, 10 a.m.; Worship Service, 7 p.m.; Wednesday/Saturday, 7 p.m.; John 'Jay' Patton, Minister.

Free Pentecostal Deliverance, Ext. 46 off Mt. Parkway at Camporton; Worship Service, Saturday and Sunday, 7 p.m.; Patricia Order, Minister.

Free Pentecostal Holiness, Rt. 122, Upper Burton; Sunday School, 11 a.m.; Worship Service, 6 p.m.; Friday, 7 p.m.; Louis Sanlan, Minister; David Pike, Associate Minister.

Free Pentecostal Holiness, Main St., Martin; Sunday School, 10 a.m.; Worship Service, 7 p.m.; 2nd Sat., 7 p.m.; Thurs., 7 p.m.; Ellis J. Stevens, Minister.

Free Pentecostal Church, Duke, Services Saturday, 6 p.m.; Sunday School, 10 a.m.; Services, 11 a.m.; No Sunday Night Service.

PRESBYTERIAN

Drift Presbyterian, Route 1101, Drift, Worship Service, 11 a.m.

First Presbyterian, North Lake Drive, Prestonsburg; Sunday School, 9:30 a.m.; Worship Service, 11 a.m.

SEVENTH DAY ADVENTIST

Seventh-Day Adventist, 5 miles West on Mountain Parkway; Church Service, 9:00 a.m.; Sunday School, 10:45; John Baker, Pastor, 358-9263; Church, 886-3459, leave message. Everyone welcome!

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

The Church of Jesus Christ of Latter-Day Saints; Sacrament Mgt., 10:00 a.m.; Sunday School, 11:20 a.m.; Relief Society/Preshould/Primary, 12:00 p.m.; Wednesday, 6 p.m. Church Meeting House address, Hwy. 80, Martin, KY 41649; Meeting House telephone number 285-3133; Richard Salisbury, Bishop.

OTHER

Pastor Altha Johnson welcomes everyone to attend services at the CHURCH OF GOD OF PROPHECY TRAM KENTUCKY, Sunday school 10 a.m., Worship service 11 a.m.

Drift Independent, Drift, Sunday, 11 a.m.; Thursday, 6:30 p.m.

Grace Fellowship Prestonsburg, (next to old flea market), Sunday School, 10 a.m. Worship, 11 a.m. Bill Stukenberg, Pastor 889-0905

Faith Deliverance Tabernacle, West Prestonsburg; Sunday School, 10:30 a.m.; Thursday, 7 p.m.; Don Shepherd, Minister.

Faith Revelation, Harkin Ave., West Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m. & 6 p.m.; Thurs., 7 p.m.; Randy Hagens, Minister, 886-9450.

Faith Fellowship, Allen, Ky. Sun. School, 10 a.m.; Worship Service, 11 a.m.; Sun. Evening, 6 p.m.; Wed., 7 p.m. Carl & Missy Woods, Pastors.

Faith Worship Church, US 460, Paintsville; Worship Service, 11 a.m.; Thursday, 6 p.m.; Baudy and Maude Frye, Minister.

Full Gospel Community, (formerly of Martin) moved to Old Allen; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Sunday evening, 6:30 p.m.; Wed., 6:30 p.m.; Lavonne Lafferty, Minister.

Lighthouse Temple, Main St. and Hall St.; Worship Service, 12 p.m. and 7 p.m.; Wednesday/Friday, 7 p.m.; Roy Cosby, Minister.

Living Water Ministries Full Gospel Church, Rt. 3, just before Thunder Ridge; Wednesday, 7:00 p.m.; Sunday Evening, 6:00 p.m.; Pastor, Curt Howard.

Martin House of Worship, Old Post Office St.; Worship Service, 7 p.m., Saturday/Sunday.

Old Time Holiness, 2 miles up Arkansas Creek, Martin; Sunday School, 11 a.m.; Worship Service, 7 p.m.; Thursday, 7 p.m.; John W. Patton, Minister.

Spurlock Bible (Baptist), 6227 Spurlock Creek Rd., Prestonsburg; Sunday School, 10 a.m.; Worship Service, 11 a.m.; Wednesday, 7 p.m.; Jim Stephens, Minister, 886-1003.

Town Branch Church; Sunday School 10 a.m. except for first Sunday in each month; Worship Service, Sun. morning 10:00 a.m.; Evening 6 p.m.; Wednesday, 6 p.m.; No Sunday night services on first Sunday of each month, Tom Nelson, Minister.

The Father House, Big Branch, Abbott Creek; Sunday School, 10 a.m.; Worship Service, 6 p.m.; J.J. Wright, Minister.

The Tabernacle, 266 South Lake Drive, Prestonsburg; Christian Education, 10:00 a.m.; Sunday Morning, 11:00 a.m.; Sunday Evening, 7:00 p.m.; Pastors, Paul and Ramona Aiken. Phone 263-1619.

Youth Fellowship Church, Wheelwright; Monday, Tuesday, 6 p.m.; Thursday, 7 p.m.

Zion Deliverance, Wayland; Sunday School, 10 a.m.; Worship Service, 11 a.m. and 6 p.m.; Wednesday, 6:30 p.m. Prayer Line: 358-2464; Darlene W. Arnette, Pastor.

Taylor Chapel Community Church, formerly the old Rice Food Service building, located 1 quarter mile above Worldwide Equipment, Rt. 1428, Sun. Bible Study, 10 a.m.; Sun. Morning Service, 11 a.m.; Sun. Evening, 6:30 p.m.; Kerry Vanderpool, Pastor.

International Pentecostal Holiness Church, 10974 N. Main St., Martin; Rev. Ellis J. Stevens, Senior Pastor.

Rising Sun Ministries, 114 Rising Sun Lane, Prestonsburg, Ky, 41653, Sunday, 11:00 a.m.; Wednesday, 6:30 p.m.; Pastor: D.P. Curry.

Church of God of Prophecy, Sunday School 10 a.m.; Worship Service 11 a.m.; Sunday Night - 6 p.m.; Wednesday Night - 6 p.m. Pastor Glenn Hayes, West Prestonsburg.

House of Refuge, Rock Fork; Sunday Evening Worship 6 p.m. Monday Bible Study 7:30 p.m. Wednesday Prayer Meeting 7:30 p.m., Bill B. Tussey, Pastor.

Seventh-Day Adventist 5 miles West on Mt. Parkway, Saturdays-Sabbath School, 9:30 a.m.; Church, 11:15 a.m.; Bible Study Tuesdays, 7 p.m. (We are studying the Book of Revelation.) Pastor, Tony Kelley 423-464-2412, Church 606-886-3459.

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This is what worked for me - I know it will also work for you!
1. Hear the Word (Rom. 10:17)
2. Believe in Christ (John 8:24 / 14:1-3)
3. Turn from Sin (Luke 13:3, Rom. 6:12-26)
4. Confess Christ (Acts 8:37, Matt. 10:32-33)
5. Be Baptized (Buried in Water) (Mark 16:16, Acts 2:36-47, Matt. 28:19-20)
6. Walk in Newness of Life (Rom. 6:1-23)

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Record

McDowell, regular inspection. Violations noted: food not protected during storage, food not protected during preparation, plumbing not maintained in good repair, floors not clean. Score: 96.

Allen Central High, Eastern retrofit inspection. Violations noted: food contact surfaces and/or utensils are not durable, corrosion resistant or non-absorbent, food contact surfaces are not

resistant to pitting, chipping, crazing, etc., warewashing machine not properly operated, outside garbage or refuse storage area not constructed properly, garbage and refuse containers not covered as required. Score: 95.

Betsy Layne Elementary School, Betsy Layne, regular inspection. Violations noted: garbage and refuse containers not covered as required, garbage and refuse containers dirty, floors not clean, floors not maintained/constructed and/or installed properly.

Opportunities Unlimited School, Martin, regular inspection. Violations noted: restroom walls, countertops in need of repair, floors and walls in need of repair in gym restrooms, lighting not adequate in the girls restroom, main building, ceiling found with leak in gym,

floors and walls all in need of repair. Score: 90.

Property Transfers

Dorenda Criss Burke to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

John Bryan Burke to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

Robert D. Conley, property not listed.

Randall Calhoun to Robert D. Conley, property not listed.

Wanda Calhoun to Robert D. Conley, property not listed.

Betty Lou Hall Hamilton to James Michael Hamilton and Terry Hamilton, property located at Hatcher Addition to Harold.

James A. Hamilton to James Michael Hamilton and Terry Hamilton, property located at Hatcher Addition to Harold.

James Michael Hamilton and Terry Hamilton, property located at Hatcher Addition to Harold.

J.W. Kinzer Foundation, Inc. to the Wesley Christian School, property not listed.

Deborah Burke Johnson to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

Earl Johnson to Larry Flannery and Trena Flannery, property located at J.M. and John Hall addition to Bevinville.

Willis Shelley Johnson to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

Opal Kinney to Connie Hinkle, property not listed.

Donna Lancaster to Brittany Johnson and Jeremy Johnson, property not listed.

Donna Lancaster to

Lowell Mitchell and Tex Mitchell, property located at Big Mud Creek at Grethel.

Denise Burke Laskowski to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

Michael Roberts Laskowski to Jor Church of Old Regular Baptist of Jesus Christ, Inc., property located at Left Beaver Creek.

Kim Little to Arnold Johnson and Joan Johnson, property not listed.

Lee M. Little to Larry J. Flannery, property located at Wheelwright.

Robin Little to Arnold Johnson and Joan Johnson, property not listed.

Middle Creek National Battlefield Foundation, Inc. to Commonwealth of Kentucky Department of Highways Transportation Cabinet, property not listed.

Revenue

izing our taxes and bringing balance and fairness to our flawed system.

Every Kentuckian has a stake in our taxes and budget, so we deserve to be represented when recommendations are agreed upon. Any study of reform should invite everyone into the conversation by starting with these questions: What kind of communities do we want,

and how should we pay for them? The answers to those questions are defined not by experts, but by our values.

□ □ □

Kentucky Forward is a coalition of labor, faith, education, health, and community organizations. Boyce is the chair of member group, Kentuckians for the Commonwealth.

Eccentric

away from home. She apparently felt the spanking couldn't wait until then.

Once we arrived home a few minutes later, it only got worse.

"Pull 'em down," my mother said, furiously searching the kitchen utensil drawer for an effective flogging apparatus. She finally ended up raising a green, paddle-shaped spaghetti strainer — I'll never forget it — over her head like an executioner's axe. All I remember next was reciting the Lord's prayer. It was the first, and thankfully only, bare-butt spanking I ever

received.

Of course, later that evening, the Sanders Spank-a-Thon became a trilogy. My father, perhaps knowing of my mom's ineffective spanking skills, bent me over his knee and did his best Ringo Starr impression. But you know what? I never stole again.

So, let me take this opportunity to personally thank my parents for spanking me. Thank you for turning me into a (somewhat) productive member of society who realizes politicians and the media can't be blamed for my personal actions. Now that's the truth, no matter how painful it may be.

□ □ □

To contact Will E. Sanders, visit his website at www.willesanders.com or send him an e-mail at wille@willesanders.com. To find out more about Will E. Sanders and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate website at www.creators.com.

Election reform, government transparency bills pass Senate

FRANKFORT — The state's spending reports would be put online permanently and primary elections would be pushed back under legislation passed Friday by the Senate.

Senate Bill 7, sponsored by Sen. Damon Thayer, R-Georgetown, would require the state's three branches of government to maintain an online searchable database with all spending.

Many state agencies already make such information available, Thayer said, but future state officials may not choose to withhold some spending information unless it is included in statute.

"The transparency movement is sweeping the country," Thayer said. "Citizens are demanding more information on how their hard-earned tax dollars are being spent."

The databases would be updated at least monthly, but information in the state's electronic accounting system would be updated on a weekly basis. When available, the spending documents themselves would be attached.

SB 7 was approved unanimously.

Senators also approved changes to the state's campaign finance law, forbidding statewide officers and candidates for those offices from accepting contributions from lobbyists. Increased filing requirements for finance reports, including the requirement to file them electronically, are also included.

SB 4, sponsored by Sen. Jared Carpenter, R-Berea, would also push back primary elections until August and filing deadlines to April. "Currently, no major legislation moves until the filing deadline has passed" and lawmakers know whether they will have opposition, Carpenter said.

SB 4 passed on a 21-14 vote.

Both bills now move to the House of Representatives for its consideration.

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1/14/11 - 1/20/11
Cinema 1 — Starts Fri., Jan. 14
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Cinema 2 — Starts Fri., Jan. 14
TRUE GRIT (PG-13). Mon.-Sat. 7:00-9:00; Sun. (1:30) 7:00-9:00.

Sun. Matinee — Open 1:00; start 1:30

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Matinee — \$6.00

1/14/11 - 1/20/11
Cinema 1 — Held Over
GULLIVER'S TRAVELS (PG). Mon.-Thurs. 7:10-9:25; Fri. (4:20) 7:10-9:25; Sat.-Sun. (2:10-4:30) 7:10-9:25.

Cinema 2 — Held Over
VOGI BEAR (PG). Mon.-Thurs. 7:00-9:15; Fri. (4:15) 7:00-9:15; Sat.-Sun. (2:00-4:15) 7:00-9:15.

Cinema 3 — Held Over
TRUE GRIT (PG-13). Mon.-Thurs. 6:50-9:15; Fri. (4:15) 6:50-9:15; Sat.-Sun. (1:50-4:15) 6:50-9:15.

Cinema 4 — Held Over
THE LITTLE FOCKERS (PG-13). Mon.-Thurs. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 5 — Held Over
THE FIGHTER (R). Mon.-Thurs. 7:05-9:25; Fri. (4:20) 7:05-9:25; Sat.-Sun. (2:05-4:20) 7:05-9:25.

Cinema 6 — Held Over
SEASON OF THE WITCH (PG-13). Mon.-Thurs. 7:15-9:30; Fri. (4:30) 7:15-9:30; Sat.-Sun. (2:15-4:30) 7:15-9:30.

Cinema 7 — Starts Fri., Jan. 14
THE GREEN HORNET (PG). Mon.-Thurs. 6:55-9:20; Fri. (4:20) 6:55-9:20; Sat.-Sun. (1:55-4:20) 6:55-9:20.

Cinema 8 — Starts Fri., Jan. 14
THE OIL BARON (PG-13). Mon.-Thurs. 7:00-9:25; Fri. (4:30) 7:00-9:25; Sat.-Sun. (2:00-4:25) 7:00-9:25.

Cinema 9 — Starts Fri., Jan. 14
COUNTRY STRONG (PG-13). Mon.-Thurs. 7:05-9:25; Fri. (4:30) 7:05-9:25; Sat.-Sun. (2:05-4:25) 7:05-9:25.

Cinema 10 — Held Over
TROLL LEGACY (PG). Mon.-Sun. 6:55-9:20.
TANGLED (PG). Fri. (4:20), Sat.-Sun. (2:40-4:20).
THE FOCKERS (PG). OPEN CAPTION, Saturday, Jan. 15, 4:30 p.m. only.

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Times Staff Report

Brittany N. Porter, 24, was arrested by officers with the Paintsville Police

According to the police report, the officers were waiting on a ride to arrive for Porter when pills started to fall from the pocket of her pants. In total, 81 pills allegedly fell from Porter's

pocket.

Porter was charged with second-degree possession of a controlled substance. Later, as Porter was being booked at the Big Sandy Regional Detention Center, 39 more pills were allegedly located in a bag on her person. Porter was then charged with second-degree promotion of contraband.

Clarence and Emma Lou Taylor Martin celebrated their 60th wedding anniversary at their home on December 25, Christmas Day 2010. They were married December 28, 1950 at a p.m. at the Methodist Church in Fairbanks, Alaska. Clarence was stationed with the U.S. Army for one year at Port Whittier, Alaska. He was scheduled to return on January 9 after a 30 day tour of duty. He was met at the airport by his wife, Emma Lou, daughter, Mary Lou Martin Bailey and a son, Clarence "Fred" Martin, Jr. Mary Lou Bailey and her husband Neil have two children, a son, Neil Martin and a daughter, Emily Martin. Fred Martin, Jr. and his wife, Kelly and two grandchildren, Clarence and Emma Lou Martin, Jr. have a son, Austin Howell and a daughter, Brandon Bays. A son, Dr. Chris Martin Bailey and his wife, Whitney and three grandchildren, a son, Chris Bailey and two daughters, Emily and Whitney Bailey. Fred Martin, Jr. and his wife, Kelly and two grandchildren, Clarence and Emma Lou Martin, Jr. have a son, Austin Howell and a daughter, Brandon Bays. A son, Dr. Chris Martin Bailey and his wife, Whitney and three grandchildren, a son, Chris Bailey and two daughters, Emily and Whitney Bailey.

by **SHELDON COMPTON**
STAFF WRITER

On Wednesday, Walter May, the hospital's president and CEO, announced the facility would be partnering with the Cleveland Clinic's

heart surgery program.

"Pikeville Medical Center did its first surgery only 12 years ago, making us relatively new to the service," May said in release. "As always, we've strived to improve our quality and our outcomes."

The Cleveland Clinic is nationally renowned for procedures such as coronary

bypass and aortic heart valve surgeries, as well as having performed the world's first heart-liver transplant on a patient with a total artificial

The affiliation will enhance opportunities to provide new treatments and therapies to Pikeville Medical Center patients. The Cleveland Clinic will provide

training to deal with complex medical situations, utilizing new technologies and innovations. The two facilities will also share surgical outcome

The Cleveland Clinic heart program has been ranked number one in the nation for the past 16 years by U.S. News and World Report.

by JARRID DEATON
FEATURES WRITER

PRESTONSBURG — The entrance gates to the downstream recreation area at Dewey Lake were closed on Jan. 2. The gates will not be reopened until March 14.

"This action is necessary due to a reduction in operating budgets and to help prevent vandalism, ensure public safety, and support physical security of the area," said Michelle Staley, park

ranger at Dewey Lake. "Visitors and fishermen who wish to access the downstream recreation area between January and March are welcome. We recommend parking in the parking area located just off Route 302."

For more information on Dewey Lake activities and events contact the resource manager by calling (606) 789-4521 or (606) 886-6709, or visit the website for Dewey Lake at <http://www.lrh.usace.army.mil/projects/lakes/DEW/>.

Along with closing the gates, Staley would also like to remind people that there is no sleigh riding permitted at the dam or dike area of the lake.

"If you would like to sleigh ride while you are at Dewey Lake, you may sleigh ride at the entrance to the downstream recreation area," Staley said. "We ask that you do not sleigh ride on the dam or dike due to concerns with safety, erosion, and defacement of government property. Please obey the 'no trespassing' and 'no sleigh riding' signs that are posted."

because it's simply not effective under those conditions. It's just totally wasted," said Floyd Judge-Executive, R.D. "Doc" Marshal. "But we've been making every best effort to reach every road possible. We've allowed our men to work overtime and we real-

ize there are areas that may be overlooked, but it is not on purpose."

Neighboring counties are currently in very short supply of salt, Marshall said, but added that in Floyd, at least, he knew that, if needed, more reserves could be received from the state.

"We are afforded the ability to contact the state if we need further salt, working through the state department in that effort," he added. "As for what we're doing in the meantime while weather is in the teens is to try to keep the surface snow off to see if there are any black spots to

get an idea of how dangerous road conditions are for travelers."

"Doc" Marshall said Thursday this policy was not a "county" policy, but one issued shortly after the county's waste contractor, Waste Connections, implemented and informed civic leaders verbally.

This policy came, Marshall said, not very long after the contractor started garbage collection for the county following an accident that left one of their drivers dead.

"A few years back, a

young man was killed, lost his life, due to inclement roads," Marshall said. "The truck flipped, pinned the guy, and killed him. They adopted a new policy that if there was any threat or injury to life possible, they would not submit to situations that would put them in harm."

For Johnson, though, the trend continues. He said the stop in pickup started again this month. "They've only been out one time this

month," he said. "It's all starting again."

Other than Johnson, there are at least seven other households along Shop Fork that have gone without pickup during the same time period.

Marshall has urged those with concerns about garbage pickup to either contact Dave Cooley, director of Waste Management, at (606) 285-0033, or Len May with the county's solid waste board at (606) 886-0498.

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Lady Knights roll over Riverside

Calhoun nets game-high 31 points for Piarist girls

by STEVE LeMASTER
SPORTS EDITOR

MARTIN Cathryn Calhoun connected on six-of-12 three-point field goal attempts en route to a game-high 31 points as Piarist

School defeated visiting Riverside Christian 62-41 on Friday (Jan. 7).

Piarist improved to 2-7 thanks to the win. The Lady Knights beat Riverside Christian 60-41 on Dec. 10 for their first win of the 2010-11 season.

Calhoun was one of four scorers for the Lady Knights. Kelli Akers connected on a trio of three-pointers and added 13 points for host Piarist. Whitney

Hall netted nine points and Haley Dyer chipped in two for the Lady Knights.

Hall narrowly missed a double-double. She claimed a game-high 15 rebounds. Akers also just missed a double-double, nabbing nine boards for the winning team.

Piarist is slated to face Cordia on Feb. 5 for the Riverside Prep Showcase. Sheldon Clark defeated Piarist 90-20 on Monday in

the opening round of the 15th Region All "A" Classic at the East Kentucky Expo Center.

Calhoun pushed in a game-high seven points for the Lady Knights. In the loss Akers and Shelby Lemaster flipped in four points apiece for the Piarist girls' basketball team.

Piarist (2-8) is scheduled to host Allen Central tonight in a 58th District matchup.

Terrence Jones on Mid-Season Wooden List

TIMES STAFF REPORT

LEXINGTON — University of Kentucky freshman forward Terrence Jones has been named a top 30 candidate on the John R. Wooden Award mid-season list as announced by the Wooden Award National Advisory Board.

Jones is currently averaging 17.1, sixth best in the Southeastern Conference, and is second in the league in rebounding, averaging 9.1 boards per game.

(See JONES, page two)

Full schedule of sports set for weekend

by RICK BENTLEY
TIMES COLUMNIST

It's a busy time in the world of sports right now, so let's see how many things we can hit on to get the weekend started:

Two weeks ago, on the last day of 2010, Kentucky and Louisville met in their annual men's basketball contest. Both were highly ranked, highly regarded.

So why is it I think the Cats will wind up at best a 5/6 seed in the tournament and Louisville will be on the bubble?

Eventually, Kentucky's depth issue will catch up to it. This year's Cats have three high-quality players, three pretty good ones and that's it. The other four would struggle to be All-Mid-South Conference.

Coach Cal says he's working hard with the Forgotten Four every day, and it's because of his son. He says watching his son play makes him realize you can't just work with the elite. Says here it probably has more to do with not getting Eric Bledsoe and Daniel Orton to return for their much-needed sophomore years. Add those two to this group and you're eight deep and pretty talented. As it is, I see a lot more Georgia-type struggles than Auburn-esque blowouts in the SEC.

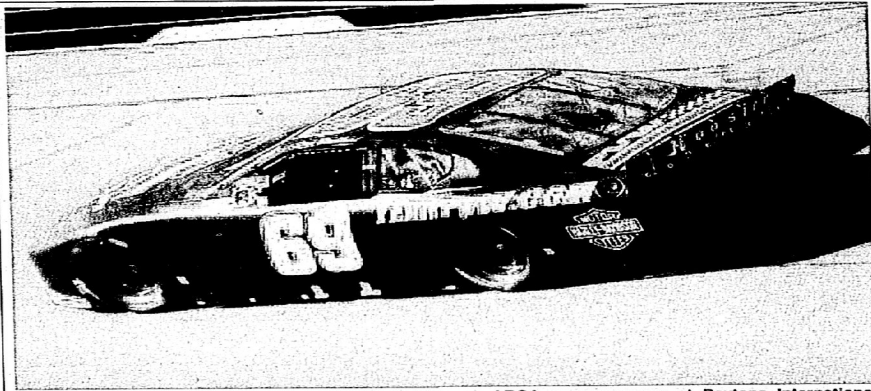
I'll admit I don't follow the University of Louisville that closely. In fact, when I do watch I'm more waiting for Shelby Valley's Elisha Justice to enter than paying much attention. That was the case Wednesday night when I spent my treadmill time awaiting his appearance.

But I just don't see it. In a lot of leagues they'd likely dominate. In the Big East, I think break-even will be a solid season.

Meaning, back to my original point, a bubble team. I hope I'm wrong on both accounts. I'd love to see them both in the Final Four. But this year, I just don't see it.

Longtime readers (I will be stunned to see this in this space: I believe Rick Pitino belongs in the Hall of Fame, and sooner rather than later.

(See WEEKEND, page two)



Prestonsburg driver Steve Blackburn is headed into an ARCA season-opener at Daytona International Speedway.

ARCA: Blackburn tests at Daytona

TIMES STAFF REPORT

DAYTONA BEACH, Fla. — With under one hour remaining in the second day of ARCA Racing Series presented by Menards testing at Daytona International Speedway, five cars set out to draft together, in turn creating the highest speeds seen yet this week.

Among the ARCA drivers turning laps in testing was Prestonsburg's Steve Blackburn. A former NASCAR weekly racing series regional champion, Blackburn finished 23rd among 42 entrants. Blackburn turned a lap in 1:53.14.

Benny Gordon, a NASCAR Nationwide Series driver looking to make the first start of his ARCA Racing Series career in the

Lucas Oil Slick Mist 200 at Daytona on Feb. 12, topped the chart by turning his 49th of 58 laps in the No. 09 Engfinger Motorsports Ford in 48.414 seconds (185.897 mph), just edging the 48.427-second (185.847 mph) lap from Chad McCumbee (pictured), his 16th of 25 afternoon laps in the No. 1 Andy Belmont Racing Ford.

Drafting was allowed this afternoon for the first time in two days of testing at the 2.5 mile superspeedway.

McCumbee finished in the top 10 in each of the last five races last season, and with a full season's slate ahead of him, saw the strong performance as a potential wave of momentum for continued success in 2011.

Of the other three cars involved in the leading draft an approximately 4:15 p.m., Ty

Dillon drove the No. 41 Richard Childress Racing Development Chevrolet to the third position, Sean Corr was fourth in the No. 82 Empire Racing Ford, and Joey Liotta Jr. reached the fifth spot in the No. 77 Cunningham Motorsports Dodge.

Chad Hackenbrach, Hal Martin, Kyle Fowler and Steve Amin all posted speeds higher than any seen in the previous three sessions. Milka Duno finished the session 10th, matching her previous best mark of 48.678 seconds (184.007 mph). Just 0.259 second separated the top 10 drivers.

Six-time Daytona winner Bobby Gerhart finished the session 25th, following a best lap of 49.578 seconds (181.532 mph). Nine-time ARCA Racing Series champion Frank Kimmel elected not

to participate in the afternoon session. Though drafting practice was allowed in the afternoon, numerous drivers chose not to participate or to simply make single-car runs, as had been allowed in the previous three sessions.

In all, 39 drivers turned laps in 42 different cars in the afternoon session. Open testing for teams and drivers was concluding Thursday at Daytona International Speedway.



Steve Blackburn

Lady Blackcats eliminate Phelps

by STEVE LeMASTER
SPORTS EDITOR

PIKEVILLE — The Prestonsburg Lady Blackcats prevailed in the opening round of the 15th Region All "A" Classic on Sunday, defeating Phelps 63-41 at the East Kentucky Expo Center.

The win allowed Prestonsburg to snap a two-game losing streak and advance in the small school regional basketball tournament. The Lady Blackcats

improved to 5-7 overall.

Balanced scoring led the Lady Blackcats, who shot 44.4 percent (24-of-54) from the field. Prestonsburg, which connected on five-of-15 three-point field goal attempts, received scoring from all five of its starters.

Versatile senior Alexi DeRossett led Prestonsburg with 17 points. DeRossett topped a four-player group that reached double figures for the Lady Blackcats. Caitlin Burchett contributed 11

points, Cassie Burchett scored 13 and Kristian Waugh netted 11 for the Prestonsburg girls.

Caitlin Kidd exited the court with eight points for the Lady Blackcats.

Catie Burchett pulled down a team-high seven rebounds for Prestonsburg. Cassie Burchett secured five rebounds in the victory.

Prestonsburg pulled away to win convincingly despite making good on only 10-of-21 free throws.

Phelps, which absorbed its

third straight loss, dropped to 2-6.

In another 15th Region All "A" Classic game, Shelby Valley rolled past Betsy Layne 61-36.

Prestonsburg, which dropped a 58th District/Floyd County Conference game to South Floyd two days earlier, is scheduled to meet Shelby Valley on Saturday morning at 9 a.m. as the 15th Region All "A" Classic resumes at the Expo Center.

Brescia beats Alice Lloyd for KIAC win

TIMES STAFF REPORT

OWENSBORO — Bryce Garrett scored a season-high 23 points to lead the Brescia University men's basketball team to a 95-78 win over Alice Lloyd College on Saturday in a Kentucky Intercollegiate Athletic Conference (KIAC) game at the Sportscenter.

Derek Thornberry added 17 points as five different Brescia players reached double figures. The Bearcats shot 54 percent from the field for the game, finishing 34-for-62.

Brescia (5-11, 1-1 KIAC) held the Eagles to 26-for-73 shooting for 35 percent. The Bearcats outrebounded Alice Lloyd 49-37.

Brett Jackson added 14 points for the Bearcats. Aaron Tandy finished with 13 points and Trace Ewing tossed in 11 for the Brescia men's team.

Painville High School graduate Van Ferguson led Alice Lloyd with 17 points.

A breakdown of individual scoring for both teams follows.

Alice Lloyd (78): Ferguson 17, Combs 13, Wilson 11, Hall 9, Hurt 9, Lindon 6, Greer 5, Muse 2, Adkins 2, Patrick 2, Hayes 2. **Brescia (95):** Garrett 23, Thornberry 17, Jackson 14, Tandy 13, Ewing 11, Hart 8, Rowe 7, Smith 2.

Lady Bears suffer first non-conference loss

TIMES STAFF REPORT

BLUEFIELD, Va. — Pikeville College struggled from the free throw line and found itself in a first-half hole it couldn't dig out of in a 70-62 loss at Bluefield College Monday night.

The loss, which dropped the Bears to 10-6 on the sea-

(See BEARS, page two)

Lady Raiders outlast Prestonsburg

by STEVE LeMASTER
SPORTS EDITOR

PRESTONSBURG — Kiana Hall netted a game-high 19 points and teammate Ashley Castle scored 15 and dished off 10 assists as South Floyd upended host Prestonsburg 56-51 on Friday in a 58th District/Floyd County Conference match at the Fieldhouse.

Each team carried a 2-1 district record out of the matchup.

South Floyd returned to the win column following a 41-65 loss to Pikeville while Prestonsburg suffered its second straight setback.

Gabrielle Bailey chipped in 11 points as three different

South Floyd scorers reached double figures.

Chelsie Tuttle tossed in six points, Kelsey Dye scored three and Brandi Hamby contributed two for the Lady Raiders (4-4).

Hamby also made an impact on the boards, claiming nine rebounds for visiting South Floyd. Hall had eight rebounds for the Lady Raiders.

South Floyd outrebounded Prestonsburg 39-32.

The Lady Raiders won despite shooting just 35.7 percent from the field (20-of-56). South Floyd was only one-of-15 from three-point range. The Lady Raiders sunk 15-of-25 free throw attempts.

The Lady Blackcats shot

42.5 percent (17-of-40) from the field in the loss.

Three Prestonsburg players reached double figures. Cassie Burchett paced the Lady Blackcats with 16 points and a game-high 11 rebounds. Kristian Waugh led Prestonsburg (4-7) in scoring, netting 18 points.

Alexi DeRossett was the second leading scorer for host Prestonsburg, pushing in 15 points. Caitlin Kidd scored seven points and Catie Burchett contributed three for the Lady Blackcats.

Catie Burchett chipped in seven rebounds for Prestonsburg in the loss.

Sheldon Clark 74, South Floyd 47; Sheldon Clark lin-

ited South Floyd in the opening round of the 15th Region All "A" Classic at the East Kentucky Expo Center on Tuesday, topping the Lady Raiders 74-47.

Kiana Hall led South Floyd (4-5) with 18 points. Ashley Castle followed Hall in scoring, chipping in 17 points for the Lady Raiders.

Chelsie Tuttle and Gabrielle Bailey rounded out the South Floyd scoring with seven and six points, respectively.

South Floyd is scheduled to visit Perry County Central tonight.

Raiders 58, Blackcats 55: After facing slim deficits at the conclusion of each of the first two quarters, South

Floyd edged host Prestonsburg 58-55 on Friday night in the 58th District/Floyd County Conference boys' basketball matchup played as part of the boys-girls doubleheader.

South Floyd shot 46.7 percent (21-of-45) from the field en route to the win. The Raiders were 16-for-26 from the free throw line.

Dakota Hall led South Floyd with 19 points. Luke Rhea scored 12 points and Dakota Newsome netted nine for the Raiders.

Shannon Turner tossed in seven points and pulled down a game-high 12 rebounds for South Floyd in

(See RAIDERS, page two)

15th Region Boys' Basketball Standings

Team	Record
East Ridge	9-2
Pikeville	9-3
Johnson Central	7-4
Sheldon Clark	7-5
Betsy Layne	6-5
Bellevue	5-4
Pike Central	5-5
Paintsville	5-8
South Floyd	4-5
Allen Central	4-6
Magoffin County	4-7
Prestonsburg	4-9
Shelby Valley	3-7
Phelps	3-9
Piarist School	1-1
Lawrence County	0-13

15th Region Girls' Basketball Standings

Team	Record
Shelby Valley	11-1
Magoffin County	10-2
Bellevue	8-1
Paintsville	8-3
Sheldon Clark	7-3
Betsy Layne	7-6
East Ridge	7-6
Pikeville	6-6
Johnson Central	5-6
Prestonsburg	5-7
South Floyd	4-6
Pike Central	4-8
Lawrence County	4-10
Phelps	2-6
Piarist School	2-8
Allen Central	2-9

Jones

The 6-8 freshman is one of only two freshmen on the list and the only representative from the SEC.

All players nationally who excel throughout the season will be evaluated and considered for the official

voting ballot released in March. The National Ballot consists of approximately 20 top players who have proven to their universities that they are also making progress toward graduation and maintaining at least a cumu-

lative 2.0 GPA. The Wooden Award All-American Team will be announced the week of the "Elite Eight" round during the NCAA Tournament, making it unique among college postseason awards.

Raiders

the hard-fought win.

Tyler Daniels pushed in six points and Brandon Marson added five for the Raiders.

South Floyd was five-of-19 from three-point range.

Prestonsburg outscored South Floyd 17-14 in the

opening quarter and carried a slim 25-24 lead into halftime. The two teams exited the third quarter deadlocked 38-38.

South Floyd outscored Prestonsburg 20-17 in the fourth quarter to pull out the win.

Prestonsburg shot 46.8 percent from the field, making 22-of-47 attempts. The Blackcats drained five-of-14 three-pointers.

Prestonsburg was six-for-13 from the free throw line in the close district/conference setback.

Weekend

— Heading into the semifinals, it'd be hard to believe anyone has looked better in the 15th Region All "A" than Shelby Valley. Make that, by the way, the Lady Kats.

— Rodney Rowe's team is smoking right now. I believe they're far from the champs at this writing — some good teams, particularly Sheldon Clark, await — but in the early stages, you can see why the folks from The Valley might just make it back to Richmond after all.

— Speaking of Shelby Valley, its longtime coach Bob Spears is hurting this week with the loss of his father. Bob's brother Terry got me started in this business more years ago than either of us want to remember. I have them in my prayers.

— It's been a rough week all around. Bill Baird, who led the crusade to bring fast-pitch softball to the fore in Eastern Kentucky, lost his mother. Coach Baird was at Pikeville High School and then spent time at Pikeville

College. He's a great person in my estimation.

Even when he was coaching at Pike High, if a young lady from another school needed pointers on fast-pitch, he was the first to offer help. Never mind that they may stand between him and a regional title someday.

We're praying for the Baird family during this trying time as well.

— I'm no fan of New England, but count me amongst those hoping the Pats bring the season of the New York Ryans to a merciful end this weekend. Sad thing is I think I could be into this Jets team if not for their loudmouth coach.

— I also have Pittsburgh, Green Bay and Chicago, so make your picks accordingly. I wouldn't go on my favorites if I were you.

— I'm in my 15th year as SID at Pikeville College. Fourteen years ago, we moved Billy Watson into the office next door and made him the women's basketball coach.

A few years ago, he passed Roy Cutright to become the winningest coach in women's basketball history at the school. Last Saturday, he passed Cutright again — Roy spent five years with the men after fame with the women — to become the all-time record holder by a basketball coach at the school.

Let me say this, from someone who has spent nearly every day with him during his tenure: It couldn't happen to a nicer guy.

— Nobody really knows if the BCS "got it right," this year, as you'll hear people say. But what they did get was a terrific championship game on Monday night. That one was fun from beginning to end.

— Speaking of that, why was it that Cam Newton won the Heisman but the undisputed best player on the field Monday night was his teammate on the defensive line, Nick Fairley?

Bears

son, was the first against a non-conference opponent this season for the women's basketball team.

Pikeville trailed 32-23 at the half. The Bears shot only 18-of-35 (51.4 percent) from the free throw line in the loss. They hit only 34.4 percent overall and 2-of-15 from the arc.

Senior Natiera Hinton recorded second double-double in as many games and the third of the season when she

fired in 19 and grabbed a dozen rebounds. Her scoring was led by a 9-of-10 performance from the line; the remainder of the team was only 9-of-25.

Hinton also had four steals and three assists.

Freshman Brogan Conley tossed in 11 points off the bench for the Lady Bears, while sophomore Sally Roberts finished with 10. Junior Megan Mosley had nine points and five rebounds.

The Rams had two play-

ers in double figures in the win. Antonia Cataldi led the way with 15 points and eight rebounds, while Takeya Rouse came off the bench for 10.

Pikeville was credited with 15 steals on 21 Bluefield turnovers, but gave the ball up 17 times itself. The Bears were due back in action on Thursday night, weather permitting, against University of Rio Grande at the Pikeville College Gym.

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MOVIES FROM THE BLACK LAGOON

'Psychomania'

by TOM DOTY
TIMES COLUMNIST

A gang of tough motorcyclists conquer death and proceed to go on a mild rampage in this terror tale from the mid 1970s.

As the film opens, we meet a motorcycle gang calling themselves "The Living Dead." These are some bad chaps who are making life miserable for the residents of their quaint English village.



Tom Doty
Times Columnist

We witness one of their campaigns at the outset and see them run a motorist off the road, before going to a cemetery to get drunk and catch a toad. Toad-catching is a special skill of their leader, Tom, who brings the amphibious creature home as a present for his mum.

His mother turns out to be a mystic who makes her bread by conducting the odd séance. Tom has been dabbling in the mystic arts and eventually figures out that one can achieve immortality by totally believing that they will live forever as they are about to die. One suicide later, we see that Tom is now a certified member of "The Living Dead" and can wear the team jacket with pride.

The scene where Tom returns is preceded by a quaint bit where his

(See LAGOON, page 5)

ENCORE

Film returns to MAC; DVDs available after

by JARRID DEATON
FEATURES WRITER



PRESTONSBURG — Filmmaker Michael Crisp is bringing "The Very Worst Thing," a documentary about the 1958 school bus disaster, back to the Mountain Arts Center next month, and this time, DVDs will be available for purchase.

"The Very Worst Thing," directed and produced by Crisp, a resident of Georgetown, revisits the tragedy that left a permanent scar in the history of Floyd County by including interviews with several people whose lives were personally affected by what is considered to be the worst school bus accident in United States' history.

On Feb. 28, 1958, a school bus carrying 48 students left the road and crashed into the Big Sandy River. The actual cause of the accident was never officially determined, although an automobile in the ditch around a curve and a wrecker attempting to pull it out is believed by many to have led to the driver of the bus swerving and losing control. It took over two days to locate the bus.

"It's the story about families, as well as an entire community, finding strength during the most devastating of circumstances," Crisp said.

Along with a single disc version, a special edition DVD of the film will also be available for purchase, featuring a second disc with special features, bonus interviews and never-before-seen footage.

The DVDs will be on sale immediately after the screening of the film.

"DVDs will only be available for purchase this evening for ticket-holders to the screening, so it is strongly suggested that you purchase tickets to this special event as soon as possible," Crisp said.

"The Very Worst Thing" is scheduled to begin at 7:30 in the main auditorium of the Mountain Arts Center on Feb. 11. Tickets are \$8 plus a \$1 service charge.

To purchase tickets, call the Mountain Arts Center box office at (606) 889-9125, or visit <http://www.macarts.com>.

For more information on the film, visit <http://www.theveryworstthing.com>.

The wife wins this one

by TOM and RAY
MAGLIOZZI

Dear Tom and Ray: My husband, a dear, loving Englishman, drives with one foot on the brake and one foot on the gas. At a red light, the poor car is trying desperately to move forward, as told by the right foot, but is being held prisoner by the left foot. It's a terrible thing to experience, and takes every ounce of my being to stay silent (the last time I tried to explain the damaging factor of this type of driving, he started with the societal differences between the U.S. and England, his father, blah blah and then something about the queen). So I gave up. I am just asking/begging you guys to declare that two-footed driving is bad. Really bad. So bad that a person might be deported back to his motherland if he continues to kill an innocent Volvo V40 and psychologically abuse his loving, supportive wife with such behavior. Thanks for your time, guys. I do hope you have a lovely, one-footed day. — Nikki

TOM: What happened to the good old days, when couples used to argue about easy stuff, like finances and whether to send their kid to reform school?

RAY: If he's actually using both feet at the same time, that is bad for the car. And potentially bad for you, too, Nikki, if you're the passenger.

TOM: If he's "riding the brake" — that is, resting his left foot on the brake while he's accelerating — he can easily overheat the brakes. And when brakes overheat, they stop working. That's bad, right?

RAY: Even if he doesn't overheat the brakes, he'll surely wear them out faster. He'll also be activating his

brake lights when he's not intending to stop. That tends to confuse and infuriate the drivers behind him.

TOM: It also "outs" him as a full-blown geezer. If he's doing that, he might as well slap on a bumper sticker that reads "Follow Me to



the Early Bird Special!"

RAY: On the other hand, if he uses two feet — one for the gas pedal and one for the brake — but only uses one pedal at a time, there's nothing wrong with that. Some people just feel that their reflexes are faster that way. Or that's the way they learned to drive.

TOM: It is, however, very difficult to avoid resting your left foot on the brake. Try it yourself. Your leg will be aching after about five minutes.

RAY: So make a deal with him, Nikki. If he's willing to go to the gym and strengthen his gastrocnemius, soleus, plantaris, tibialis posterior, peroneus longus and peroneus brevis muscles so he can keep his nonactive foot flexed and off the unused pedal, you'll stop complaining about his driving.

TOM: But if he can't — or won't — stick to only one foot at a time, tell him for queen and country, you're buying him a car with a clutch. That'll give his left foot something pro-

ductive to do.

Can malt liquor be used as emergency coolant?

Dear Tom and Ray:

Last summer, I was commuting home from work on the highway, and my 1991 Nissan Maxima started to overheat. The temperature outside was 90°. The engine started heaving, so I had to pull off the interstate and sit for a while, waiting for the engine to cool. Incredibly, right next to where I stopped, I found a 40-ounce bottle of Schlitz Malt Liquor, unopened. My inclination was to pour the beer into the radiator, however, my 19-year-old son advised against it, thinking it might damage the cooling system. Seeking a second opinion, I called my 24-year-old son, who also thought I was crazy. I took their advice and waited for a tow truck, but I think it would have been OK to use. What do you think? — Bob

RAY: I think it would have been OK in a dire emergency, Bob. If you had been stuck in Death Valley with the sun beating down on you and the coyotes circling, sure. Then you pour it in and hope for the best.

TOM: It's mostly water.

It's got a little bit of alcohol in it, which used to be used as antifreeze. The carbonation isn't really a problem, because under pressure in the cooling system, that would flatten out. But the hops and barley and molasses and day-old soup, or whatever else they put in there, probably won't do your cooling system any good. And it would have to be drained out once you got back to civilization.

RAY: Plus, when the engine's overheating, you can't even remove the radiator cap until it cools down.

(See CARS, page 4)

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Lagoon

ellow gang members conduct a ritual funeral. They place Tom in a deep grave, deep so he can sit atop his motorcycle. They then get their resident folk singer to sing a tune he has written for the occasion (trust me, the lyrics are hilarious). That night a guy walks through the area and hears a motorcycle engine and is then treated to the bizarre sight of a cycle springing out of the earth — before it runs him over.

Next up, Tom hits a pub and regrets being buried

without funds. Luckily, a young lady fancies his outlandish fashion sense (he rocks a white turtleneck with sleek leather pants). He hits her up for change to call his mother and let her know that she will have to keep his place setting, as he will be home for dinner. The bar girl turns out to be a dope who won't take no for an answer. Tom roughs her up and then goes on to kill everyone in the bar, in a scene so vile they never got around to filming it — though we are treated to the

sight of everyone's mangled corpse.

Pretty soon, Tom convinces everyone in the gang to take a second initiation exam, which involves killing themselves. The resulting montage shows quite clearly what not to do when riding a cycle in high traffic. It also illustrates why one should not don weights before swimming and it makes very clear that one should never leap out of a 30-story building.

Now, you have an invincible gang of ruffians, but

their reign of terror is pretty lame and amounts to property damage, upsetting apple carts in supermarkets and lots of off-screen killing.

Eventually Tom's mum must undo the spell which turns her into a toad. If that isn't weird enough for you, her son and the gang morph into rocks as Tom's living girlfriend screams.

This movie is one goofy goober, but represents that anything was possible in the 1970s — even in England. The motorcycle stunts are fun but the ancient cycles they use are pretty lame looking.

That said, there are some

good performances here and the best actor award goes to George Sanders ("The Saint"), who plays the wizard/advisor of Tom's mother. He killed himself shortly after finishing the film, but it would be a stretch to say this stinker was the cause. The disc includes interviews and he

is fondly remembered by all as a fun guy who realized his glory days were well past him but had a sense of humor about it all.

Best line: "Well, uh, I'm dead, mother, but apart from that I couldn't be better."

1972, unrated.

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PSA

Rental Central

by TOM DOTY
TIMES COLUMNIST

Oscar bait and cheesy horror made for odd shelf mates this week, but they also added up to fun choices for renters.

■ "Piranha 3D" — The makers of "High Tension" continued their streak of excellent horror remakes (they also did "The Hills Have Eyes"), with this remake of Joe Dante's drive-in classic of 1978. They keep the same elements that made the original a hoot by emphasizing comedy, gore and adult situations. This time there is also a "Girls Gone Wild" sort of show, filming in the area when a swarm of prehistoric and very nasty fish decide to eat out. Lots of fun with a great cameo by Richard Dreyfus that honors his role in the granddaddy of killer fish flicks, "Jaws."

■ "The Social Network" — The Academy Awards will probably roll out the carpet for this drama, and they'll be right in doing so. The story focuses on the founder of "Facebook," but any opportunity to get a script by Aaron Sorkin ("The West Wing") in front of a camera operated by David Fincher ("Fight Club") is an occasion to rejoice. Jesse Eisenberg ("Zombieland") is very good as the Harvard geek who becomes an internet success and must contend with lawsuits from friends who claim he stole their ideas.

■ "Chainsaw Sally: Season 1" — This gory series is actually a sequel to a low-budget horror film that focused on a pair of sibling killers who had seen every horror film made in the 1970s. Fun stuff that's broken down into 15-minute mini-movies which

feature loads of gore and comedy, as our serial killers take out all manner of arrogant jerks in creative and bloody fashion. Fun nonsense that will rot your brain.

■ "Alpha and Omega" — The kids will enjoy this animal tale that focuses on the love between two wolves. Unfortunately, they

have to deal with politics and traditions, which state they can't be together. Lucky for them, they are tranquilized and brought to a state park, where they can ignore the rules that bind them ... maybe.

Next week brings on a pair of monosyllabic flicks with the release of "Buried" and "Takers."

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NOTICE OF 2009 UNMINED COAL BILLS DUE TO ALL FLOYD COUNTY UNMINED COAL TAXPAYERS:

As Clerk of Floyd County, I am required by Kentucky State Law to advertise all Unmined Coal Delinquent Tax Claims to be offered for sale. The 2009 Unmined Coal Delinquent Tax Bills will be offered for sale January 20, 2011 at 9:00 a.m. in the Floyd County Fiscal Courtroom, 2nd floor of the Old Courthouse.

Bill Number	Map Number	Name	Property Address	Account Balance
09-13898C	4198	3JM COMPANY INC	1601 3RD AVE APT 27A	885.19
09-13899C	4988	3JM COMPANY INC	1601 3RD AVE APT 27A	1,039.98
09-13929C	4294	ALLEN SAMANTHA AND STEPHEN R II	P O BOX 620	29.00
09-13998C	4507	BROWNINGFAMILY	301 GRANT ST 20TH FLOOR	87.08
09-13997C	4736	BROWNINGFAMILY PARTNERSHIP	301 GRANT ST 20TH FLOOR	656.15
09-13998C	4304	BROWNINGFAMILY PARTNERSHIP	301 GRANT ST 20TH FLOOR	42.27
09-13999C	4724	BROWNINGFAMILY PARTNERSHIP	301 GRANT ST 20TH FLOOR	1,658.16
09-14078C	4709	COMPEAN MARY LOU HRS	3003 VERNOR HWY W	98.48
09-14129C	4826	CRUEY ALBERT AND MELTIA	580 WILLIAMS RD	76.88
09-14159C	4186	DILLING AGNES AND CARL	70-7 VIEW TERRACE DR	42.89
09-14160C	4821	EASTERN FJELS, LLC	183 TOLLAGE CR	15,852.28
09-14189C	4389	FAYNE RYAN MAY	PO BOX 202	28.56
09-14191C	4923	GROSS ANNA C	3209 HEATH BROOK CT	31.23
09-14192C	1003980	GUESS JAMES	1735 RT FK BULL CREEK	429.03
09-14195C	4522	HALL JERRY HRS	GEN DEL	1,339.46
09-14197C	4294	HALL LARRY BIRCHELL	UC 108	180.84
09-14275C	4389	HAYES ALICE M	GEN DEL	26.76
09-14304C	4188	HURT BOBBY SUE HALL	P O BOX 623	123.10
09-14320C	4826	JOHNSON DONALD AND ROBERT	4092 RAFT LN	143.72
09-14321C	4826	JOHNSON EVERETT AND ROSE	PO BOX 233	143.72
09-14334C	4294	KEATHLEY JACK D	72 MUSIC ST APT 1	36.60
09-14335C	4294	KEATHLEY ROBERT A	72 MUSIC ST APT 1	38.49
09-14342C	4171	LAYNE GLEYS	5315 BROADMOOR PL	192.49
09-14343C	4801	LAYNE HRS	GEN DEL	1,076.02
09-14344C	4801	LAYNE HRS	GEN DEL	948.45
09-14355C	4708	LESTER CATOL	1281 ATOKAD PARK	42.55
09-14450C	4294	FINSON DORIS R	719 HOUSTON ST	29.00
09-14481C	4758	POWERS PD AND MARY EST	880 W 77TH ST N DR	455.01
09-14476C	4923	PRICE ROLY A	29 BELLWOOD CT	31.23
09-14478C	4188	RATCLIFF GARY C/O DEBRA SAMONS	1838 ARKANSAS CREEK RD	86.52
09-14481C	4294	REYNOLDS FLORENCE	N ARNOLD AVE	123.66
09-14507C	4188	SPENCER RALPH AND JEAN	HQ BOX 181	42.66
09-14511C	4859	STEELE LINDA	P O BOX 1110	517.27
09-14512C	4312	STEELE LINDA	P O BOX 1110	383.28
09-14513C	4312	STEELE LINDA	P O BOX 1110	966.98
09-14514C	4310	STEELE LINDA	P O BOX 1110	270.84
09-14800C	4328	TURNER BOBBY G	145 BIG BRIDGE RD	64.95
09-14902C	4328	TURNER DAVID L	P O BOX 87	64.95
09-14811C	4188	TURNER RICHARD A	1420 OLD GRAY STATION	37.94
09-14826C	1003970	WCMC	JAMES SPENCER PO BOX 788	2,887.84

Cars

■ Continued from p3

In your circumstances, that would have taken at least an hour. The hot coolant is under such high pressure that if you were to remove the cap too soon, it would spray all over the place, scald your face and make you look like my brother.

TOM: And if you're going to have to sit there for an hour anyway, you might as well drink the Schlitz, wait for the tow truck to bring you some real coolant, and save the cost of having to flush out your coolant and replace it the next day.

RAY: And by the way, Bob, I hope you realize how rare it is that "19- and 24-year-old boys," "40-ounce malt liquor" and "wise decision" end up in the same sentence.

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Below is a list of Floyd County Unmined Coal Tax Bills for 2009 only, which are past due. THE AMOUNT DUE IS FOR THE MONTH OF JANUARY ONLY. In order to receive your balance due after January, or if you have any questions concerning these listings, please call the Floyd County Clerk's Office Delinquent Tax Department at (606) 886-3816.

-Chris Waugh, Floyd County Clerk

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FAILURE to give professional services that follow each resident's written care plan.

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FAILURE to develop a complete care plan that meets all of a resident's needs, with timetables and actions that can be measured.

FAILURE to make a complete assessment that covers all questions for areas that are listed in official regulations.

FAILURE to set up a group that is legally responsible for writing and setting up policies for leading and running the nursing home; or hire a properly licensed administrator.

FAILURE to make sure that residents who cannot care for themselves receive help with eating/drinking, grooming and hygiene.

FAILURE to keep the rate of medication errors (wrong drug, wrong dose, wrong time) to less than 5%.

FAILURE to provide services to meet the needs and preferences of each resident.

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FAILURE to offer other nutritional food to each resident who will not eat the food served.

FAILURE to have a program to keep infection from spreading.

FAILURE to keep safe, clean and homelike surroundings.

FAILURE to make sure that staff members wash their hands when needed.

FAILURE to make sure that the nursing home area is free of dangers that cause accidents.

FAILURE to make sure that the nursing home area is safe, easy to use, clean and comfortable.

FAILURE to provide needed housekeeping and maintenance.

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FAILURE to set up or keep a group of people to review and ensure quality.

FAILURE to make sure that residents are well nourished.

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Weatherization Crew Laborer

Big Sandy Area Community Action Program is seeking a Crew Laborer
for the Weatherization Assistance Program in Pike County. Duties in-
clude but are not limited to: Performing energy saving functions to ex-
isting structures which includes air infiltration, duct repair, insulation,
roofing, ceiling repair, wall and floor repair, window and door replace-
ment, and heat system installation.

Two years of heating system, carpentry and/or construction experience
that includes a wide range of general skills and knowledge is required.
The successful candidate must possess the ability to lift/move heavy ob-
jects (up to 100 lbs), bend, stoop, climb and perform work in various
weather conditions. Candidate must have knowledge of occupational
hazards, safety precautions and be proficient in the proper use and care
of power hand tools. The positions will require a valid driver's license
and frequent travel throughout the region, Martin, Floyd, Pike and John-
son Counties.

Qualified applicants may submit a résumé and letter of application to:

Big Sandy Area Community Action Program

ATTN: Human Resources Manager, 230 Court Street, Painville, KY
41240 or via e-mail to webb@bsacp.org. Closing date for applica-
tions is Friday, January 14, 2011. An Equal Opportunity Employer.

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Strange ... but true

It was beloved American comedian, actor, producer and author Bill Cosby who offered the following advice to new parents: "Always end the name of your child with a vowel, so that when you yell, the name will carry."

Those who study such things say that it takes one foot of vacuum 1 square foot of floor.

You probably don't realize it -- and you certainly don't notice it -- but experts claim that the Atlantic Ocean is getting about 1 centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount. It's due to continental drift, they say.

If you're planning a

trip to central Africa, you can pay a visit to both the shortest people in the world (the Pygmy tribes) as well as the tallest (the Tutsi, also known as the Watusi).

If you're a blood donor, you help to make up a significant minority. In the United States, less than 5 percent of the population donates blood every year.

It was Nobel Prize-winning Russian author Boris Pasternak who wrote the novel (later adapted to film) "Doctor Zhivago." It was originally published in 1957 in Italy, to great acclaim, but it wasn't published in the Soviet Union until 1988.

If you took all the Tootsie Rolls produced

every year and placed them end to end, there would be enough candy to stretch to the moon and back. Interestingly, the Tootsie Roll isn't actually considered to be chocolate -- not according to the definition used by federal officials supervising the candy industry, anyway.

The world's highest tides are found in the Bay of Fundy, located in Nova Scotia, Canada. There, the difference between high and low tides can be as much as 50 feet.

Thought for the Day
"I am free of all prejudices. I hate everyone equally." -- W.C. Fields



Tori Lynn Hunt, a senior at Prestonsburg High School, has been selected from the KHSAA 13, 14, and 15 Region to receive a \$1,000 scholarship from the WYMT-TV Mountain Classic. The scholarship, based on academic and scholastic achievement, is made possible by proceeds and donations collected through the annual WYMT Mountain Basketball Classic Tournament. Hunt is the daughter of John M. Hunt and Cindy Hager, of Prestonsburg.



Family OHIO Medicine

Martha A. Simpson, D.O., M.B.A.
Associate Professor
of Family Medicine

My friend recently had a kidney stone. Now he says I shouldn't drink caffeinated beverages or I'll get one, too. I know lots of people who drink caffeine, but he's the only one I know with a kidney stone. Is he right? What exactly is a kidney stone, and what causes them?

Kidney stones are formed when minerals and acid salts that are naturally present in urine are out of balance with the amount of fluid passing through the body. Thus, stones sometimes develop when urine is

more concentrated than it should be, causing minerals and salts to crystallize and combine. Normally, people drink enough fluid to prevent this. However, dehydration, among other, less common causes, can lead to the formation of stones.

Different minerals in the body form kidney stones. The most common type of stone is primarily formed from calcium oxalate. Oxalate is found in caffeinated beverages, such as coffee, cola, and especially, tea. It's also found in many foods such as chocolate,

A connection between kidney stones and caffeine

spinach and nuts. Consuming these foods or beverages in very large amounts, especially if you are not consuming enough other liquids, may create the conditions for kidney stones to form. Without knowing your friend's history, I can't diagnose what type of stone he had, but it may have been this type.

Another common type of stone is formed from calcium phosphate. Struvite stones, which often result from kidney infection, are common, and uric acid stones, which are associated with dehydration, excess protein in the diet, and gout, are also fairly common.

Large stones can block the flow of urine from the kidneys to the bladder, and can cause severe pain in the lower back that can radiate to the abdomen and into the groin. Some people notice

blood in their urine. Kidney stones may also cause nausea, vomiting and fever.

However, small stones often pass through the urinary tract and exit the body without being noticed.

Treatment usually involves a recommendation to drink plenty of fluid to help pass the stones, and medication is prescribed to control pain. However, a medical procedure is sometimes necessary to remove, or break up, large stones.

One of these procedures called lithotripsy uses "shock waves" to break up kidney stones. Some stones that are very large or "stuck" in the ureters, the tube that leads from the kidney to the bladder, may need to be removed through a moderately invasive surgical procedure.

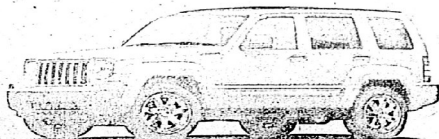
As often is the case, prevention is the best treatment. Maintaining good hydration is key to preventing the formation of kidney stones. Water, ginger-ale, lemon-ade, lemon-lime sodas and fruit juices are the beverages of choice for this purpose. The citric acid found in lemons and other citrus fruits helps inhibit oxalate stone growth. In fact, people who drink large amounts of iced tea in the summer should add lemon juice to their tea to decrease the risk of developing calcium oxalate stones.

The bottom line is that most people with no family history of kidney stones, if conscientious about staying well hydrated, can safely consume caffeinated beverages in moderate amounts.

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